



# WHY MYSTIC LAKE CAMP?

Since 1926, Mystic Lake YMCA Camp has been providing kids and families with outstanding programs focused on helping them grow. Mystic Lake YMCA Camp programs focus on character values, making friends and helping children learn new lifelong skills. At Mystic Lake YMCA Camp, our goals are centered around helping each child:

- Learn to lead a more healthy and active lifestyle.
- Learn about social responsibility through environmental stewardship, community living and working with one another in a group setting.
- Develop and learn new skills to help improve their sense of self worth and confidence by creating an accepting environment where all are welcome and friendships are created.



## TAKE A TOUR OF MYSTIC LAKE CAMP

Mystic Lake YMCA Camp is nestled on 600 acres of beautiful private forest and a 90 acre lake. Visiting camp provides a great opportunity for campers and parents to experience some of what Mystic Lake YMCA Camp has to offer by receiving a guided tour of the grounds and facilities. You will also have the opportunity to meet some of our wonderful staff! If you would like to set up a visit to camp, please call Mystic Lake YMCA Camp at 517/827-9650 to set up an appointment.



## HEALTH AND SAFETY

We understand that many parents are a bit uneasy sending their children away to resident camp for a week or more, which is why the health and well-being of your child while at Mystic Lake YMCA Camp is our highest priority. The amount of responsibility with which you are entrusting the Mystic Lake Staff cannot be understated, which is why we take the health and safety of our campers at Mystic Lake very seriously. Mystic Lake YMCA Camp has a well-equipped Health Care Center that is accessible 24 hours a day, 7 days a week. Our on-site Certified Health Officer handles all medical issues within their training. We have a licensed camp physician on call as well. All of our staff are trained in first aid and CPR. Mystic Lake Camp is accredited through the American Camp Association and is licensed by the state of Michigan annually. We operate in accordance with Federal Law and the U.S. Department of Agriculture policy.

## OUR STAFF-CHARACTER COUNTS!

The Staff at Mystic Lake YMCA Camp is highly trained and very committed to the goals of camp. References and previous work experiences are thoroughly reviewed, and criminal background checks and drug screenings are conducted prior to hiring. Cabin counselors are college students, (or graduates), who are at least 18 years old. They are hard working young men and women who are dedicated, experienced, responsible, enthusiastic, positive and FUN! The counselor to camper ratio is 1:8 and lower. All staff members are trained in CPR and Basic First Aid, and specialists have certifications specific to their area of expertise.

## MYSTIC LAKE MEANS PROFESSIONAL ROLE MODELS



# CABIN MATES FOR A WEEK FRIENDS FOR A LIFETIME

## THE MYSTIC EXPERIENCE

The Mystic Experience program is where your child's camping traditions begin! Campers that sign up for our traditional summer camping program will be put into gender specific cabins with children of similar ages/grades and will enjoy age appropriate activities. Each age group (typically 7-9, 10-12, 12-14) have activities and traditions that are unique to their age group. As your child progresses in age the camp program will progress along with them adding adventures and challenges along the way. We believe that each child should have the opportunity to make great friends, learn new skills and leave our program with a higher level of confidence, maturity and understanding of our four core values- Caring, Respect, Responsibility and Honesty.

Some of the activities your child may experience include archery, high ropes, rock climbing, sports, swim lessons, canoeing, kayaking, fishing, arts and crafts, devotions, team building and much more! Each cabin group is comprised of approximately 8-12 campers and has a minimum of 2 counselors, many of whom are former Mystic Lake campers themselves. Cabin groups spend the majority of each day together building and strengthening friendships, learning new skills and participating in safe and fun camp activities. Each camper also has the opportunity to sign up for two different skill clinics where they focus on becoming proficient in two of the many camp activities as they attend these skill clubs each day Monday thru Thursday.

One Week: 1, 2, 3, 4, 5, 6, 7, 8 Fee: \$490  
Two Weeks: 1 & 2, 3 & 4, 5 & 6, 7 & 8 Fee: \$930

\*Upon arrival at camp your child will be assigned to a specific village by age/grade.

## HORSEBACK RIDING CLUB

Horseback Riding Club is for Mystic Experience campers who would like to add a horse experience to their full week at Mystic Lake. Campers spend four activity sessions throughout the week at the barn learning proper riding techniques, horse care and general horsemanship. All participants will experience trail rides.

Weeks: 1, 2, 3, 4, 5, 6, 7, 8 Fee: \$50



## 2016 EARLY BIRD SPECIAL!

Receive a \$60 discount by registering for any one or two week Mystic Experience or Equestrian program by March 31, 2016!

\*Discount cannot be applied to Specialty or Teen Leadership programs.



# EAT, SLEEP AND RIDE

## HORSEBACK RIDING PROGRAMS



## WRANGLER CAMP

(Ages: 10-14) Campers in the Wrangler program spend a majority of their time at Mystic Lake at our riding stables where they will receive individualized instruction in Western riding from our experienced equestrian staff. Practice in the ring, trail rides, grooming, anatomy and tack help campers improve their horsemanship skills and learn the responsibilities of horse ownership. Wranglers also have a couple hours each day where they can explore some of what main camp has offer. Riders of all experience & abilities are welcome!

Weeks: 1, 2, 3, 4, 5, 7, 8 Fee: \$570

## RANCH CAMP

Ages: (14-16) Ranch Camp at Mystic Lake is an experience unlike any other. The Ranchers and equestrian staff prepare their own breakfasts, then ride all morning. They join main camp for lunch, afternoon free-time, and dinner. Ranchers then return to the stables for an evening trail ride. Participants in Ranch Camp must demonstrate advanced riding skills and have at least two years of riding experience.

Week: 6 Fee: \$570



# LEARN, GROW AND LEAD

## LEADERSHIP PROGRAMS

Teen programs at Mystic Lake YMCA Camp are designed to help our young people grow into responsible adults. Social responsibility, self confidence, community building and character development are at the root of all of our Teen programs.

## TEEN NATION

(Ages: 13-16) Teen Nation participants have the unique opportunity to help create a camp experience that is completely their own. Teens might spend an afternoon swimming at the waterfront, go backpacking in the woods, take a ride on Bruno's Swing, or perhaps go for an evening trail ride on horseback. The choice is theirs!

Weeks: 1, 3, 5, 7 Fee: \$490

## LEADERS IN TRAINING

(Ages: 15-16) The LIT program introduces teens to working with groups of varying dynamics and teaches them how to bring a group of individuals together to work towards an agreed upon goal. LITs will work closely with campers and staff to learn the skills necessary to grow as future community leaders. Assisting Senior Counselors and specialists with leading activities will allow for hands-on learning. LITs will also have the opportunity to plan and implement a service learning project either on camp or in the surrounding community.

Weeks: 5 & 6, 7 & 8 Fee: \$790

## COUNSELOR IN TRAINING

(Ages: 16-17) The Counselors in Training program is designed to train young men and women for potential future employment as a counselor with Mystic Lake YMCA Camp. CITs will spend their first week learning about counseling skills and the different activities at Mystic Lake. In their second week of the program, CITs will shadow counselors and assist in running skill clinics. CITs will return for a scheduled third week and be assigned to live in a cabin with campers and will have the opportunity to put into practice all of the new skills they learned in their first two weeks.

Weeks: 1 & 2 Fee: \$690

## CAMP STARLIGHT

Camp Starlight is a unique collaboration between Mystic Lake and the Michigan Dyslexia Institute. In addition to traditional activities, campers attend a variety of educational, confidence building sessions designed to help them to better understand their dyslexia. They will interact with positive role models and build important social skills, all while having the time of their lives. For more information contact the Michigan Dyslexia Institute at (517) 485-4000.

Week 1 Fee: Call MDI



## VISIT OUR WEBSITE TO LEARN MORE:

mysticlakecamp.com

- FAQs
- Packing List
- Bus Schedule
- Family Camping
- Staff Bios
- Parent Handbook
- Spring & Fall Outdoor Education
- Year-Round Camps/Retreat Information
- Virtual Tour of Camp
- Online Registration

## FAMILY CAMP

The whole family can experience a weekend of fun and excitement in the beautiful natural setting that Mystic Lake YMCA Camp has to offer. A variety of activities are planned and the choices are yours. The weekend can be as active or as laid-back as you would like it to be. You can hike, canoe, and horseback ride. The fishing is fantastic! We'll have an outdoor cook-out, arts and crafts, archery, volleyball and much, much more! For the more adventurous, you can try out our 40-foot climbing wall and trek through our high ropes course. In the evening, we'll share stories, sing songs and relax by the campfire. This is a great way for new Mystic Lake families to meet the staff, enjoy the activities and try our facilities.

**Memorial Day Weekend Family Camp**  
May 27 - May 30, 2016

**Labor Day Weekend Family Camp**  
September 2 - September 5, 2016

**Fee:**  
Family of 4 all inclusive  
Tent/RV Camping: \$300  
Cabin/Yurt Accommodations: \$450  
Additional Family Members: \$50 each

Call or email for registration information, or go online at [www.mysticlakecamp.com](http://www.mysticlakecamp.com) and sign your family up today!

# 2016 MYSTIC LAKE YMCA CAMP REGISTRATION FORM

REGISTER ONLINE • BY PHONE • FAX • IN PERSON • MAIL

Online: [www.mysticlakecamp.com](http://www.mysticlakecamp.com) • Phone: 517.827.9650

Fax: 989.544.2722 • Mail: Mystic Lake YMCA Camp, P.O. Box 100, Lake, MI 48632

## PARENT'S INFORMATION

Parent's First Name	Last Name	
Parent's Email Address		
Street Address	Phone Number	
City	State	Zip
Place of Employment/Occupation		
2nd Parent/Guardian First Name	Last Name	
2nd Parent/Guardian Email Address		
Street Address	Phone Number	
City	State	Zip
Place of Employment/Occupation		

## CAMPER'S INFORMATION

Camper's First Name	Middle	Last Name
Camper's Home Phone	Date of Birth/ Age at Camp	Gender
My child attended Mystic Lake Camp in 2015:		Grade Child is Entering this Fall
<input type="checkbox"/> yes <input type="checkbox"/> no		
Cabin Mate Request (must be in same program)		
Did you recruit a friend to come to camp? If yes, please provide their name: (Receive a gift for recruiting a new camper!)		
How did you learn about Mystic Lake YMCA Camp?		
<input type="checkbox"/> Internet <input type="checkbox"/> Website <input type="checkbox"/> Facebook <input type="checkbox"/> Word of Mouth <input type="checkbox"/> Radio/TV <input type="checkbox"/> Brochure from mail		
<input type="checkbox"/> Brochure from _____		
<input type="checkbox"/> Other _____		

## EMERGENCY CONTACT INFORMATION

Emergency Contact Name & Relationship to Camper (other than parents)	
Emergency Day Phone	Emergency Evening Phone

Registration continues on next page