



FOR YOUTH DEVELOPMENT®  
 FOR HEALTHY LIVING  
 FOR SOCIAL RESPONSIBILITY



# WHERE KIDS PLAY & EXCEL AFTER THE SCHOOL BELL

## Westside Community YMCA BEFORE AND AFTER SCHOOL PROGRAMS

When heading home after the bell rings just isn't an option, the YMCA provides children a safe place to do homework and play after school.

### Daily activities include:

- Homework help
- Snack time and nutrition
- Physical activity and health
- S.P.A.R.K. activities
- Arts & crafts
- The YMCA's Life Skills and Character Building Value Lessons.

**GRADES:** K-6

**TIMES:** Before School: 7:00am to start of school  
 After School: End of school day to 6:00pm

**LOCATIONS:** Averill • Cavanaugh • Cumberland • Fairview  
 Kendon • Lewton • Post Oak • STEM • Sheridan  
 Willow • Wexford

### FOR MORE INFORMATION

Contact Jason Helman 517.827.9666 • [jdhelman@ymcaoflansing.org](mailto:jdhelman@ymcaoflansing.org)

### Sample Afternoon (times may vary by location)

