



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# Bright Minds in Action

## Home School Gym & Swim

**Swim:** Achieve and master new skills and strokes while having fun swimming and gaining confidence with America's favorite swim instructor.

**Gym:** Making Exercise Fun! Get introduced to the gym experience with an hour of structured games and activities including skating, soccer, kickball, tag and the use of our rockwall.

### Westside YMCA Gym & Swim Schedule:

8 week Session Jan 10- Feb 28  
Wednesdays 1:00pm - 3:00pm

-Ages 4-6: Swim 1:00-1:30  
Gym 2:00-3:00

-Ages 7-12: Gym 1:00-2:00  
Swim 2:00-2:40

### Westside YMCA Gym and Swim Cost:

-Members: \$35.00 per child  
-Limited Members: \$45.00 per child -  
We do not Pro-rate  
-10% off families with 6 or more children

-Email Gina Belknap with any questions:  
[gbelknap@ymcaoflansing.org](mailto:gbelknap@ymcaoflansing.org)

