



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

PARKWOOD YMCA

Summer Session II

Mon/Wed	Tues/Thurs
July 31-Aug.16	July 11-July 26 Aug. 1-Aug. 17

PARENT/CHILD LEVELS (6 months-3 years)

Parents or other care-providers accompany children in the water for levels A and B.

A	WATER DISCOVERY	6:05p	
B	WATER EXPLORATION	6:05p	

PRESCHOOL-AGED LEVELS (3-5 years)

Students must be fully potty trained and comfortable without a parent in the water.

1PS	WATER ACCLIMATION	11:00-11:30 6:10-6:40	5:45-6:15
2PS	WATER MOVEMENT	11:00-11:30 6:05-6:35	11:30-12:00 6:55-7:25
3PS	WATER STAMINA	6:05-6:35	11:30- 12:00 6:20-6:50
4PS	STROKE INTRODUCTION	6:40-7:10	

SCHOOL-AGED LEVELS (6-12 years)

1SA	WATER ACCLIMATION	11:30-12:00 5:30-6:00	
2SA	WATER MOVEMENT	11:30-12:00 5:30-6:00	5:45-6:15p 7:10-7:50
3SA	WATER STAMINA	5:30-6:10 6:05-6:45	11:00-11:30 5:45-6:25
4SA	STROKE INTRODUCTION	6:05-6:45 6:35-7:15	11:00-11:40 6:30-7:10
5SA	STROKE DEVELOPMENT	6:50-7:30	7:00-7:40
6SA	STROKE MECHANICS		6:20-7:00

Swim Lesson Fees

Member	\$35.00
Non-Member	\$55.00

**M/W classes are 2 x week for 3 weeks

**T/Th classes are 2 x week for 3 weeks