



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

OAK PARK YMCA POOL SCHEDULE

September 5- October 22, 2017

3 Lap Lanes are available during times not listed below. Lanes will be closed up to 10 minutes pre/post any scheduled program. Pool closes 30 minutes prior to the building closing. Times are subject to change without notice for Aquatic Classes, Camp Swim, Private Swim Lessons or Pool Rentals.

Class/Program	Time	# of Lap Lanes Available
Monday		
Aqua-Fit for seniors	8:30am-9:30am	2
Aqua-Fit for seniors	9:35am-10:35am	1
Water Aerobics/Swim Lessons/ Competitive Swim Training	5:30pm-7:30pm	1
Tuesday		
Swim Lessons	9:20am-10:45am	2
Water Aerobics/ Swim Lessons	5:30pm-8:15pm	1
Wednesday		
Aqua-Fit for seniors	8:30am-9:30am	2
Aqua-Fit for seniors	9:35am-10:35am	1
Water Aerobics/Swim Lessons	5:30pm-7:30pm	1
Thursday		
Swim Lessons	9:20am-10:45am	2
Water Aerobics/ Swim Lessons/ Competitive Swim Training	5:30pm-8:15pm	1
Friday		
Aqua-Fit for seniors	8:30am-9:30am	2
Aqua-Fit for seniors	9:35am-10:35am	1
Saturday		
Water Aerobics/Swim Lessons	9:00am-12:00pm	2