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FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

YMCA OF LANSING JOB POSTING

YMCA of Metropolitan Lansing

YMCA Massage Therapist

General Function: Provide massage therapy to members and community participants of the Oak Park YMCA.

Job Requirements:

- Must be at least 18 years of age.
- Require to have a license or certification in massage therapy.
- Must possess strong organizational skills, strong communication skills and is an energetic goal-orientated person.
- Ability to cooperate and work well with other staff members.

Position Responsibilities:

- Manipulate the muscles or other soft tissues of the body where needed.
- Talk with clients about symptoms, medical history, and desired results
- Evaluate clients to locate painful or tense areas of the body.
- Provide clients with guidance on stretching, strengthening, overall relaxation and how to improve their posture.
- Document client's condition and progress.
- Ability to work flexible hours as program needs arise. Ability to assist in various departments or programs as the need arises.
- Ensures that safety standards are met, and that department and facility policies are adhered to.
- Performs related duties as required.
- Assist in the Annual Campaign as needed.
- Other duties as assigned.

Physical Demands

While performing the duties of this job, the employee is required to: bend, stoop, kneel, twist, reach with hands, sit, stand for an extended period of time, have finger dexterity, and communicate.

Disclaimers:

- Must complete successful background screening and drug test for YMCA and all other off-site screenings for partnering organizations.
- This job description may not be all-inclusive and employee is expected to perform all other duties as assigned by direct management.
- Job descriptions and duties may be modified when deemed appropriate by management.

Salary: \$20-25/hour

Include: Cover letter and copy of relevant certifications

Contact: Amy Stearns, Director of HR & Risk, careers@ymcaoflansing.org