



OAK PARK YMCA

Swim Lesson Schedule – Session Summer 1 (June 12 – July 24)

	Mon	Tues/Thurs	Wed	Sat
	June 12 - July 24	June 12 - June 29	June 12 - July 24	June 12 - July 24

PARENT/CHILD LEVELS (6 months–3 years)

Parents or other care-providers accompany children in the water for levels A and B.

A	WATER DISCOVERY				
B	WATER EXPLORATION				
1T	WATER ACCLIMATION				

PRESCHOOL-AGED LEVELS (3–5 years)

Students must be fully potty trained and comfortable without a parent in the water.

1PS	WATER ACCLIMATION		5:30–6:00pm	6:50–7:20p	9:30–10:00am
2PS	WATER MOVEMENT	5:30–6:00pm		6:50–7:20p	9:30–10:00am
3PS	WATER STAMINA	6:10–6:40pm			10:10–10:40am
4PS	STROKE INTRODUCTION		6:10–6:40pm		

SCHOOL-AGED LEVELS (6–10 years)

1SA	WATER ACCLIMATION		6:50–7:20pm		10:50–11:20am
2SA	WATER MOVEMENT	6:50–7:20pm	6:50–7:20pm		
3SA	WATER STAMINA	7:30–8:00pm			11:30–12:00pm
4SA	STROKE INTRODUCTION		7:30–8:00pm		
5SA	STROKE DEVELOPMENT		8:10–8:55pm	7:30–8:15pm	
6SA	STROKE MECHANICS				

No Classes the week of July 3rd–July 10

Swim Lesson Fees

Member	\$35.00
Non-Member	\$55.00

**M/W/S classes are 6 week sessions 1X/week

***T/Th classes are 3 week sessions 2X/week