



OAK PARK YMCA

Swim Lesson Schedule - Fall 1 2017

Mon	Tues/Thurs	Wed	Sat
Sept. 11- Oct. 16	Session A Sept. 12- Sept. 29 Session B Oct. 3-Oct. 19	Sept. 13-Oct. 18	Sept. 16-Oct. 21

PARENT/CHILD LEVELS (6 months-3 years)

Parents or other care-providers accompany children in the water for levels A and B.

A WATER DISCOVERY		8:45-9:15 AM		
B WATER EXPLORATION		8:45-9:15 AM		
1T WATER ACCLIMATION		10:00-10:30 AM		

PRESCHOOL-AGED LEVELS (3-5 years)

Students must be fully potty trained and comfortable without a parent in the water.

1PS WATER ACCLIMATION	5:30-6:00 PM	5:45-6:15 PM	6:50-7:20 PM	
2PS WATER MOVEMENT	5:30-6:00 PM	5:45-6:15 PM	6:10-6:40 PM	9:00-9:30 AM
3PS WATER STAMINA		6:25-6:55 PM	5:30-6:00 PM	9:00-9:30 AM
4PS STROKE INTRODUCTION		6:25-6:55 PM		

SCHOOL-AGED LEVELS (6-10 years)

1SA WATER ACCLIMATION	6:10-6:40 PM	7:05-7:35 PM		9:40-10:00 AM
2SA WATER MOVEMENT	6:10-6:40 PM	7:05-7:35 PM		9:40-10:10 AM
3SA WATER STAMINA	6:50-7:20 PM	7:45-8:15 PM		10:20-10:50 AM
4SA STROKE INTRODUCTION	6:50-7:20 PM	7:45-8:15 PM		10:20-10:50 AM
5SA STROKE DEVELOPMENT				11:00-11:45 AM
6SA STROKE MECHANICS				11:00-11:45 AM

Swim Lesson Fees

Member	\$35.00
Non-Member	\$55.00

**M/W/S classes are 6 week sessions 1X/week

***T/Th classes are 3 week sessions 2X/week