



FOR YOUTH DEVELOPMENT™
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

SUMMER POOL SCHEDULE

JUNE 11 – AUGUST 29, 2012 (POOL CLOSED FOR CLEANING 8/30-9/7)

Swim Lessons	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Session 1: 6/9-7/19	5:30-8:30 Lap Swim (all lanes)	5:30-8:30 Lap Swim (all lanes)	5:30-8:30 Lap Swim (all lanes)	5:30-8:30 Lap Swim (all lanes)	5:30-8:30 Lap Swim (all lanes)		
Session 2: 7/21-8/30						7:00-9:00 Lap Swim (all lanes)	7:00-1:00 Lap Swim (all lanes)
Swim Camps							
June 11-August 24	8:30-9:30 Water Aerobics	8:30-9:30 Water Aerobics	8:30-9:30 Water Aerobics	8:30-9:30 Water Aerobics	8:30-9:30 Water Aerobics		
Water Aerobic/ Arthritis Classes	9:30-10:15 Arthritis Class	9:30-10:15 Arthritis Class (1 lap lane)	9:30-10:15 Arthritis Class	9:30-10:15 Arthritis Class (1 lap lane)	9:30-11:00 Arthritis Classes	9:00-11:00 Swim Lessons	
No break between sessions, new class times start June 11 and return to normal Tues, September 4.					Parent tot 10:30-11:00	11:00-1:00 Lap Swim	
	10:15-12:00 Swim Camp, Swim Lessons	10:15-12:00 Swim Camp, Swim Lessons	10:15-12:00 Swim Camp, Swim Lessons	10:15-12:00 Swim Camp, Swim Lessons	11:00-12:00 Lap Swim		
Lap Swim							
Please be aware of others in your lane and follow either a "split lane" or "circle swim" pattern.	12:00-1:00 Lap Swim (all lanes)	12:00-1:00 Lap Swim (all lanes)	12:00-1:00 Lap Swim (all lanes)	12:00-1:00 Lap Swim (all lanes)	12:00-1:00 Lap Swim (all lanes)		
Family Swim							
Please use toys only in the shallow end. All swimmers may be required to take a swim test prior to their entry in the deep end.	1:00-2:30 Part Camp Part Family	1:00-2:30 Part Camp Part Family	1:00-2:30 Part Camp Part Family	1:00-2:30 Part Camp Part Family	1:00-2:30 Part Camp Part Family	1:00-5:00 Part Lap Part Family	1:00-5:00 Part Lap Part Family
	2:30-3:30 Camp Swim	2:30-3:30 Camp Swim	2:30-3:30 Camp Swim	2:30-3:30 Camp Swim	2:30-3:30 Camp Swim	Part Lap Part Family	Part Lap Part Family
	3:30-5:00 Part Lap Part Family	3:30-5:00 Part Lap Part Family	3:30-5:00 Part Lap Part Family	3:30-5:00 Part Lap Part Family	3:30-5:00 Part Lap Part Family		
All PFDs are to be approved by the life guard on duty.	5:00-6:25 Lap Swim (all lanes)	5:00-6:25 Lap Swim (all lanes)	5:00-6:15 Lap Swim (all lanes)	5:00-6:25 Lap Swim (all lanes)	5:00-6:30 Lap Swim (all lanes)	5:00-6:30 Lap Swim (all lanes)	5:00-6:30 Lap Swim (all lanes)
Contact Information							
Jon Sporer, Aquatics Director jsporner@ymcaoflansing.org	6:30-8:00 Swim Lessons	6:30-8:00 Swim Lessons	6:15-8:00 Endurance/ Swim Club	6:30-8:00 Swim Lessons	6:30-8:45 Part Lap Part Family	6:30-8:45 Part Lap Part Family	6:30-8:45 Part Lap Part Family
	8:00-9:00 Water Aerobics 2 lap lanes	8:00-9:00 Part Lap Part Family	8:00-9:00 Water Aerobics 2 lap lanes	8:00-9:00 Part Lap Part Family			